COCR-01

Foundations of integrated care

Participant guide and response worksheet

Complete after the narrated lesson. Use fictional information only; do not record actual client identifiers. This review build does not establish verified training hours.



Fictional educational scene. AI-generated; full provenance retained in the course source package.

Learning objectives

1. Explain co-occurring mental health and substance use needs
2. Compare integrated, parallel, and sequential service arrangements
3. Describe a client goal that connects both areas of care
4. Separate a symptom observation from a diagnosis
5. Identify an appropriate consultation and follow-up owner
6. Explain why eight hours alone does not meet the 12-hour rule

COCR-01 | Case file

Known information

Avery is an adult receiving outpatient substance use services. Avery reports evening alcohol use, low mood, poor sleep, and worry about keeping a job. Three morning groups have been missed in two weeks. Avery says the bus schedule is unreliable and large groups feel overwhelming. An outside clinician is involved, but the team has not confirmed what services that clinician provides. The record does not establish a mental health diagnosis, an immediate safety finding, or permission for a particular disclosure.

Staged update

Read after drafting your initial understanding. Revise your evidence table when the new facts warrant it.

No additional case finding is supplied. Identify what remains unknown and do not invent an assessment, authorization, or completed referral.

Evidence before conclusions

List what the record establishes, what the client reports, what staff infer, and what remains unknown. A fact not supplied is not an assessed negative finding. Explain the next question and why it matters.

COCR-01 | Applied response

Task 1

Create separate lists for observed facts, client reports, staff interpretations, and unanswered questions. Write five follow-up questions and explain which staff role should address each. Do not assume an urgent concern is absent simply because the case does not specify one.

Task 2

Use Avery's employment goal to identify a service response addressing both reported symptoms and substance use. Name the assessment/consultation need, a feasible participation discussion, and follow-up ownership. Identify what depends on information not yet available.

COCR-01 | Applied response

Task 3

Draft a 150-word focused consultation request and a factual progress note. List the privacy checks that must occur before any actual disclosure; do not invent a signed release.

Task 4

Explain why an eight-hour completion certificate alone cannot establish the 12-hour requirement for a covered new counselor with no accepted prior training. Identify the records needed to evaluate a supplement or prior relevant credit. Review the model and revise one part of your service map.

Suggested task times are estimates for production planning, not verified credit.

COCR-01 | Review and revision

Separate written knowledge checks

These checks have a separate five-minute planning allowance. Do not count the in-video checks twice.

Identify one unsupported conclusion and the information needed to evaluate it.

Name a decision outside your role and the appropriate consultation pathway.

Write an observable next step with an owner and a review point.

Compare with the answer model

After attempting every task, use the separate answer model in Answer-Keys. Mark each criterion met, partly met, or not yet met: accurate evidence; meaningful client participation; role and policy accuracy; feasible action; follow-up ownership; and a specific revision. Explain how the revision changes the service response.

Pilot record

Self-reported active minutes, excluding breaks: _____ Reviewer / learner initials: _____

Case-work planning target: 39 minutes. Actual timing requires a pilot. Final assessment time, when applicable, is recorded separately.