CDR-01

Cultural humility in treatment

Participant guide and response worksheet

Complete after the narrated lesson. Use fictional information only; do not record actual client identifiers. This review build does not establish verified training hours.



Fictional educational scene. AI-generated; full provenance retained in the course source package.

Learning objectives

1. Explain cultural humility as an ongoing practice
2. Ask about the meaning of a client preference
3. Separate a cultural assumption from an observed fact
4. Discuss treatment options without dismissing client beliefs
5. Repair a judgment that damaged the relationship
6. Document a client-directed next step

CDR-01 | Case file

Known information

Jordan is an adult entering outpatient substance use treatment. Jordan wants to reconnect with a community healing practice and says a prior counselor dismissed it. Jordan does not want a family member in the first planning meeting, but may consider family participation later. A staff note says, Client is resistant and has unrealistic beliefs. No immediate safety concern is described in the supplied information.

Staged update

Read after drafting your initial understanding. Revise your evidence table when the new facts warrant it.

No additional case finding is supplied. Identify what remains unknown and do not invent an assessment, authorization, or completed referral.

Evidence before conclusions

List what the record establishes, what the client reports, what staff infer, and what remains unknown. A fact not supplied is not an assessed negative finding. Explain the next question and why it matters.

CDR-01 | Applied response

Task 1

Write a 200-300-word opening conversation that explains your role, asks about the meaning of the practice, checks your understanding, and discusses treatment recommendations without promising compatibility before checking the facts. Include at least two possible client replies and your responses.

Task 2

Identify every unsupported conclusion in the supplied note. Rewrite it in 100-150 words using only the case facts. Add a separate list of three unanswered questions rather than inventing answers.

CDR-01 | Applied response

Task 3

Write a client goal and two possible service steps. State what needs consultation, what Jordan has chosen about family involvement, who owns follow-up, and how the team will check whether the plan fits.

Task 4

Write a concise repair for the earlier dismissive remark. Identify how your proposed plan could still impose a staff preference. Revise one part after reviewing the model.

CDR-01 | Review and revision

Separate written knowledge checks

These checks have a separate five-minute planning allowance. Do not count the in-video checks twice.

Identify one unsupported conclusion and the information needed to evaluate it.

Name a decision outside your role and the appropriate consultation pathway.

Write an observable next step with an owner and a review point.

Compare with the answer model

After attempting every task, use the separate answer model in Answer-Keys. Mark each criterion met, partly met, or not yet met: accurate evidence; meaningful client participation; role and policy accuracy; feasible action; follow-up ownership; and a specific revision. Explain how the revision changes the service response.

Pilot record

Self-reported active minutes, excluding breaks: _____ Reviewer / learner initials: _____

Case-work planning target: 39 minutes. Actual timing requires a pilot. Final assessment time, when applicable, is recorded separately.