

Individual Needs, the IAPP & Course Wrap-Up

Caregiver Learning Guide

How to use this guide: Read it alongside the lesson video, keep it as a quick reference on the job, and review it before taking the lesson quiz.

What you'll learn

- Know what you must learn about each person before unsupervised contact
- Understand the Individual Abuse Prevention Plan (IAPP)
- Know the rules for assisting with medication and medical equipment
- Bring the whole course together and complete your training

Learn the person before unsupervised contact

Under Minn. Stat. 245D.09, subd. 4a, before you work alone with someone, you must review and be trained on that person's specific needs, plans, and procedures. General training is the foundation, but each person is unique.

What you must learn per person

- The support plan and addendum — goals, needs, and your responsibilities
- The Individual Abuse Prevention Plan (IAPP) — the person's risks and safeguards
- How to support ADLs and IADLs
- How the person communicates and what they prefer

The Individual Abuse Prevention Plan (IAPP)

Required under Minn. Stat. 245A.65, the IAPP is a plan to protect a specific person from abuse. It identifies the person's individual vulnerabilities and lists the safeguards that keep them safe. Your job is to know each person's IAPP and follow it.

Medication & medical equipment

Assist with medication only after completing medication training developed by a nurse, with an observed skill check. You must be trained on a specific medical device before using it. When in doubt, stop and ask.

Annual training: complete your required training topics every year to stay current and compliant (245D.09, subd. 5).

Course recap

Lessons 1–4 covered your role and the law. Lessons 5, 7, and 8 covered protecting people from harm. Lessons 6, 9, and 10 covered quality support. This lesson focused on knowing each individual. Carry all of it into your daily care.



Legal references

Minn. Stat. 245D.09, subd. 4a (orientation to individual needs) · 245A.65 (individual abuse prevention plan) · 245D.05 (medication & equipment) · 626.557.

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